# Catering Menu

Thank you for giving Spectra Food Services & Hospitality the opportunity to serve you.

# Welcome to Spectra Food Services & Hospitality

We are excited to provide you with our catering menu to assist you in planning your special event. All menus are suggestions only. Our commitment is to customize a menu for your occasion to make it unique and memorable! From a formal dinner to meeting break refreshments, our executive chef creates signature dishes accented by elegant culinary presentations. Our staff will deliver superior service to provide your guests with a memorable experience.

Please contact
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# Guidelines for Food Service and Catering

$\square$ All Menu items are available when booking at least 10 days in advance.
☐ The final signed confirmation of the event and final guest counts are due 7 business days prior to the event date. The guaranteed guest count can go up, but not down after this point.
□ Cancellations of the event by a client: If the client cancels their event within 7 days of the event date, the client will be charged 100% of the total, including taxes, gratuity and all fees and charges. All cancellations due to an "Act of God" must be rescheduled within 45 days of original event date, or the client will be subject to a fee based on the event total. This fee will be determined by the event cancellation date in relation to the original event date.
☐ Prices do not include Taxes or *Management Charge
$\square$ Room Rental and AV needs will be a separate charge from any food and beverage cost.
$\Box$ Ovations reserves the right to cease alcohol service at any catered events for any reason, and at any time, including catering tents.
$\square$ All rental equipment orders must be finalized 10 business days prior to the event.
☐ Prices are subject to change with or without notice, based on market fluctuations.
<b>Payment options are credit card (preferred), cash, or check.</b>
☐ Payment must be received <b>prior to the event date</b> , or on the event date. If payment is not received prior to or on the date, food and beverage will not be provided.
☐ Catering booked less than 5 days in advance will be subject to a 20% administrative fee. Any changes made to an existing catering order within 4 days of the event, will be subject to a 20% administrative fee.
☐ All catering is subject to Connecticut state sales tax. A copy of your organization's tax exempt certificate MUST be presented to Ovations prior to the event, or the organization will be responsible for paying the sales tax.
All catered events are subject to a 20% Management Charge. 50% of this Management Charge is distributed to the inployee(s) performing services in connection with the catered event. The remaining 50% of the Management harge is the sole property of the food/beverage service company or venue owner, as applicable, and is used to cover uch party's cost and expenses in connection with the administration of the catered event (other than employee tip, ratuities and wages), and is not charged in lieu of a tip.

# **Breakfast Selections**

**Continental Breakfast** Assorted Muffins, Breakfast Breads and Pastries

\$10.00 per guest

Healthy Start Breakfast
Freshly Sliced Fruit and Berries, Granola, Yogurt, and Cottage Cheese
\$10.95 per guest

**Breakfast Burritos** 

Scrambled Eggs with Red and Green Peppers, Onions and Monterey Jack Cheese Wrapped in a Flour Tortilla and Served with Spicy Salsa.

\$12.95 per guest

Frittata Breakfast

Eggs with a Blend of Cheeses, Variety of Meats and Garden Vegetables, Baked to Perfection Served with Breakfast Potatoes, Mini Croissants and Breakfast Breads \$15.95 per guest

Sunrise Breakfast Buffet

Assorted Muffins, Croissants and Breakfast Breads Fluffy Scrambled Eggs with Cheddar Cheese Sausage or Bacon and Seasoned Breakfast Potatoes Iced Pitchers of Water \$16.95 per guest

**Chef Attended Omelet Station** 

An Omelets made-to-order with your choice of ingredients: Cheddar Cheese, Ham, Bacon, Peppers, Onions, Mushrooms and Diced Tomato
\$10.95 per guest

1 Chef Attendant per 25 Guests \$125

## Accompaniments

Fresh Fruit Display, per guest \$4.95

Assorted Dry Cereal Cups with Milk, each \$4.00

Assorted Yogurt Cups, each \$3.00

8 oz Fruit, Yogurt & Granola Parfait, each \$5.95

Orange, Cranberry, Grapefruit Juices per guest \$3.50

Coffee, Decaffeinated Coffee, Tea, per guest \$3.95

# **Meeting Breaks**

Assorted Granola & Nutri-Grain Bars, each \$2.25

Assorted Individually Bagged Snacks and Chips, each \$2.25

Individual Bag of Trail Mix, each \$2.25

Hot Pretzel Bites with Honey Mustard, each \$3.95

Traditional Salsa with Tortilla Chips, per guest \$3.95

House made Tomato Basil Bruschetta Served with Crostini, per guest, \$5.95

Roasted Garlic and Fresh Basil Hummus Served with Pita Chips, per guest \$5.95

Whoopie Pies, each \$2.95

Freshly Baked Otis Spunkmeyer Cookies, per guest \$3.00

Chocolate Fudge Brownies, per guest \$3.00

Freshly Baked Otis Spunkmeyer Cookies and Chocolate Fudge Brownies, per guest \$3.25

Assorted Gourmet Dessert Bar, per guest \$3.50

Freshly Baked Otis Spunkmeyer Cookies, Assorted Gourmet Dessert Bar, and Chocolate Fudge Brownies, per guest \$8.95

#### **Beverages**

Assorted Canned Soda, each \$3.00

Bottled Water, each \$3.00

Assorted Sodas and Bottled Water, each \$5.00

San Pellegrino Sparkling Water, each \$4.25

Orange, Cranberry, Grapefruit Juices per guest \$3.50

Coffee, Decaffeinated Coffee, Tea per guest \$3.95

## Sandwich Selections

#### Classic Boxed lunch

Chef's Selection of: Smoked Turkey, Honey Ham, Roast Beef, and Tuna.
Grilled Vegetable available upon request.
Includes: Bag of Chips, Cookie and Bottled Water
\$15.95 per guest

Artisan Sandwich and Wrap Buffet, \$18.95 per guest

Salads
Select 1 of the following:

Fresh garden Salad Caesar Salad Red Bliss Potato Salad Traditional Creamy Cole Slaw Tuscan Pasta Salad

#### Artisan Sandwiches and Wraps Select 4 of the following:

Hand-Carved Roast Turkey, Cranberry Mayo, Baby Greens, Plum Tomatoes, Nine-Grain Bread Fresh Mozzarella, Plum Tomatoes, Fresh Basil, Lemon Aioli, Sourdough Ciabatta
Grilled Portobello Caps, Roasted Red Peppers, Baby Spinach, asiago Cheese, Caponata Wrap Black Forest Ham, Apline Swiss Cheese, Greenleaf, Sweet Onion, Mustard on Marble Rye Smoked Turkey with Cheddar cheese, lettuce and tomato
Honey Ham with cheddar cheese, lettuce and tomato
Classic Tuna salad with lettuce and tomato in a spinach wrap
Grilled Vegetables with tomato and spring mix in a spinach wrap
Traditional Chicken Salad on a Croissant
Italian Combo Wrap with mortadella, salami, pepperoni, Capicola, and provolone
Grilled Chicken Caesar Wrap
Grilled Chicken breast with roasted red peppers, provolone and pesto mayo of focaccia

Individual Bag of Potato Chips

Assorted Cookies and Brownies

Add a Soup for \$5.50 Vegetarian Minestrone Chicken Noodle Soup New England Clam Chowder

# **Buffet Selections**

All Entrees Served with a House Salad or Caesar Salad, Dinner Rolls and Butter

### Choice of 2 Entrees

#### **Baked Northern Cod**

Baked Cod with Seasoned Bread Crumbs and Oven-Roasted Tomatoes

#### Orange-Ginger Salmon

Pan-Seared Salmon Glazed with a Spicy Orange-Ginger

#### Traditional Chicken Française

Egg Battered Chicken Breast Sautéed with Lemon and Butter

#### Pan-Seared Chicken

Pan-Seared Chicken with a Light Ragout of Wild Mushrooms, White Wine and Chicken Broth

#### **Beef Medallion**

Marinated, Thinly Sliced Beef Tenderloin with Caramelized Shallots and Bourbon Demi-Glace

#### Asian Style Grilled Flank Steak

With a Sesame-Ginger Marinade and Teriyaki Glaze

#### Penne Romano

Imported Penne with Grilled Vegetables in a Light Romano Cheese Cream

#### Stuffed Shells

Ricotta-Stuffed Shells in a Marinara Sauce Topped with Melted Mozzarella

#### Choice of 2 Sides

Oven Roasted Red Bliss Potatoes
Yukon Gold Mashed Potatoes
Twice Baked Potato with Cheddar Cheese and Bacon
Rice Pilaf
Au Gratin Potatoes

Steamed Green Beans with Red Peppers and Butternut Squash
Roasted Baby Carrots

Asian Vegetable Blend of Snow Peas, Carrots, Red Peppers, and Baby Corn
Chef's Selection of Seasonal Vegetable
Spring Peas with Pearl Onions
Stir-Fried Vegetable Blend with Ginger and Soy

\$29.95 per guest

# Butler Style Passed Hors d'oeuvres

## Select 4 Hors d'oeuvres for 1 hour \$29.95 per person

Coconut Shrimp, Orange Ginger Drizzle \$3.50 each
Miniature Corn Dogs \$2.75 each
Shrimp & Vegetable Pot Sticker with Soy Sauce \$3.50 each
Mini Tomato, Basil & Provolone Panini \$3.25 each
Mini Pesto Chicken & Provolone Panini \$3.25 each

Gruyere Cheese Puffs \$2.75 each

Maple Glazed Scallops Wrapped in Bacon \$3.95 each
Chicken Pot Stickers with Honey Teriyaki Sauce \$2.75 each
Spinach and Feta Triangle in Filo \$2.75 each

Miniature Vegetable Spring Roll with Asian Sauce \$2.75 each
Thai Beef Satay with Hoisin Sauce \$3.50 each

Fried Ricotta Ravioli with Marinara Sauce \$2.75 each

Miniature Assorted Quiche \$2.75 each

Mac and Cheese Bites \$2.75each

Golden Chicken Tenders, Honey Mustard Dip \$3.25 each
Sesame Crusted Chicken Strips, Asian Drizzle \$3.50 each
Miniature Chicken Cordon Bleu \$3.50 each
Crab Rangoon \$4.95 each

Coconut Chicken Tenders, Orange-Ginger Sauce \$3.50 each
Spinach & Asiago Stuffed Mushroom \$3.75 each
Roquefort and Pear Filo Star \$3.95 each
Chicken Quesadilla Trumpet, Tomato Salsa \$3.25 each

Philly Steak Egg Roll \$3.95 each
Caprese Skewer \$2.50 each

Asparagus and Asiago in Phyllo \$3.50 each

Miniature Beef Wellingtons \$4.75 each

Buffalo Chicken Empanada with Bleu Cheese Dip \$3.95 each

Antipasto Skewer \$2.75 each

# **Displays**

Seasonal Fresh Fruit Display, per guest \$4.95

International Cheese Display, per guest \$5.95

Vegetable Crudité Display, per guest \$4.95

Fresh Garden Vegetables Served with Ranch Dressing for Dipping

A Display of Fresh Fruit, Cheese and Vegetable Crudité All served with Appropriate Condiments, per guest \$9.95

Shrimp Cocktail Display, per guest \$8.95

A Display of Fresh Shrimp Served with Cocktail Sauce and Lemon

Bruschetta Display, \$3.95 per guest

Traditional Basil and Tomato Served with Focaccia Crostini

Hummus Display, \$3.95

Roasted Garlic Hummus, Chipotle Hummus and Fresh Basil Pesto Hummus with Pita Chips

Antipasto Display, \$10.95 per guest

Grilled Seasonal Vegetables, Italian Meats and Cheese, Marinated Olives, Stuffed Cherry Peppers with Focaccia Crostini and Grissini Bread Sticks

## **Stations**

#### Salsas Station, \$5.95 per guest

Pico de Gallo, Roasted Tomato-Chipotle Salsa, Black Bean and Roasted Corn Salsa with Tri-Colored Tortilla Chips

#### Pulled Pork Station, \$10.95 per guest

Hickory-Smoked Pulled Pork Served with Mini Brioche Rolls, Coleslaw and Shredded Cheddar

#### Classic Pasta Station, \$10.95 per guest

Penne Pasta Tossed in a Basil Pesto Cream Sauce Topped with Roasted Grape Tomatoes and Mushrooms Mini Ricotta Ravioli in a Marinara Sauce with Grated Asiago Cheese Served with Grated Parmesan Cheese, Dinner Rolls and Butter

\*Add-On: Meatballs in Marinara Sauce, or Italian Sausage & Peppers for \$4.95 per guest

## **Premium Stations**

## Chef Attended Pasta Station

Tricolor Tortellini and Penne Pasta, Choice of Two Custom Sauces, Assorted Grilled Vegetables, and Parmesan Cheese, Served with Focaccia Croustades and Grissini Bread Sticks

\$11.95 per guest (Chef Attendant Fee \$125)

## Feng Sushi Station

Sushi displays are the easiest way to add sushi to your event--simply choose four of your favorite Sushi Rolls and we will do the rest. All Sushi displays include chopsticks, napkins, soy sauce, ginger and wasabi.

\$19.95 per person.

Tuna Roll
Salmon Roll
Spider Roll
Spicy Tuna Roll
Spicy Salmon Roll
Spicy Yellowtail Roll
Yellowtail Scallion Roll
Shrimp Tempura Roll

Spicy Crab Roll
Avocado Roll
Shrimp with Cucumber Roll
Shrimp with Avocado Roll
California Roll
Philadelphia Roll
Vegetarian Roll
Angry Dragon: Shrimp & Spicy
Tuna

Make it an action station with made-to-order Sushi

We will provide one Sushi Chef for an additional \$150

\*All Sushi Orders Must Be Placed 2 Weeks Prior to the Event\*

# **Carving Station Selections**

#### Classic Carving Station

Your Choice of 2 of the Following Meats: Herb Roasted Turkey Breast, Smoked Pit Ham, or Cuban Pork Tenderloin.

Served with Artisan Rolls and Appropriate Condiments

\$13.95 per guest
(Chef Attendant Fee \$125)

#### **Premium Carving Station**

Peppered Tenderloin of Beef or Prime Rib of Beef with a Choice of One of the Following;

Herb Roasted Turkey Breast, Smoked Pit Ham,

or Cuban Pork Tenderloin,

Served with Artisan Rolls and Appropriate Condiments

\$18.95 per guest

(Chef Attendant Fee \$125)

# Accompaniments

House Salad, per guest \$3.50

Classic Caesar Salad, per guest \$3.50

Tuscan Pasta Salad, per guest \$3.75

Oven Red Bliss Roasted Potatoes, per guest \$3.95

Sweet Potato Wedges, per guest \$3.95

Grilled Vegetable Platter, per guest \$6.95

Hot Chef's Seasonal Vegetable, per guest \$6.95

## Plated Dinner

All Meals are Served with Rolls, Salad, and Entrée with Vegetable and Starch

#### Please Choose One Salad Option

Wedge Salad with Crumbled Bleu Cheese, Bacon and Diced Tomatoes

Baby Arugula, Shaved Parmesan Cheese, Served with Lemon Vinaigrette

Classic Caesar Salad with Focaccia Croutons and Roasted Peppers

Baby Spinach Salad with Strawberries, Goat Cheese and Candied Walnuts

#### Entrees

Breast of Chicken Finished with a Wild Mushroom Marsala \$37.95 per guest
Grilled Tenderloin of Beef with a Cabernet Demi Glace \$46.95 per guest
Grilled Salmon with a Warm Tomato and Olive Salsa \$37.95 per guest
Oven Roasted Sea Bass with a Lemon Fennel and Tomato Ragout \$41.95 per guest
Herb Crusted Prime Rib of Beef Au Jus \$49.95 per guest
Roasted Vegetable Napoleon Finished with an Oven Cured Tomato Puree \$36.95 per guest
Filet Mignon with a Balsamic-Cassis Reduction \$49.95 per guest
Grilled Vegetable Ravioli with Oven Roasted Tomatoes, Parmesan Chipotle Cream \$36.95 per guest
Butternut Squash Ravioli, Maple Sage Cream, Crisp Shitake Mushroom \$36.95 per guest
Grilled Shrimp and Snow Peas Over Penne Pasta, Finished with Vodka Cream Sauce \$41.95 per guest
Cranberry Walnut Stuffed Boneless Breast of Chicken, Finished with Supreme Sauce \$37.95 per guest

## Add a Dessert \$8.00

NY Style Cheesecake with Fruit Sauce
Apple Carmel Blossom
Rustic Summer Berry Tart
Crème Caramel
Flourless Death by Chocolate Cake
Triple Chocolate Mousse Cake

# **Desserts**

Whoopie Pies, each \$2.95

Freshly Baked Otis Spunkmeyer Cookies, per guest \$3.00

Chocolate Fudge Brownies, per guest \$3.00

Assorted Gourmet Dessert Bar Bites, per guest \$3.50

Chocolate Covered Strawberries, each \$3.75

Assorted Miniature Italian Pastries, each \$6.95

Freshly Baked Otis Spunkmeyer Cookies, Assorted Gourmet Dessert Bar, and Chocolate Fudge Brownies, per guest \$8.95

#### Coffee and Dessert Station

Freshly Brewed Coffee and a Selection of Teas Displayed with Miniature Pastries,
Otis Spunkmeyer Cookies, Fudge Brownies, and Gourmet Dessert Bars
\$12.95 per guest

#### Chocolate Fountain

Minimum 75 People

\*Must Order 2 Weeks Prior to Event\*
\$15.95 per person

# **Beverages**

Assorted Canned Soda, each \$3.00

Bottled Water, each \$3.00

Assorted Canned Sodas & Bottle Water, each \$5.00

Assorted Flavored Canned Seltzer, each \$3.25

Orange, Cranberry, Grapefruit Juices per guest \$3.25

Ice Tea (5 gallon minimum), \$15.95 per 5 gallons

Lemonade (5 gallon minimum), \$15.95 per 5 gallons

Fruit Punch (5 gallon minimum), \$15.95 per 5 gallons

Hot Chocolate (5 gallon minimum), \$29.95 per 5 gallons

Coffee Station

A Display of Freshly Brewed Coffee and Teas
\$3.95 per guest

# **Bar Selections**

Open Beer & Wine Bar

Premium Draft Beers, Barefoot House Wine, Sodas, and Juices. \$16.00 per guest, per hour, first 2 hours, \$8.00 for the next hour

### Premium Full Bar

Kettle One Vodka, Tanqueray Gin, Canadian Club Whiskey, Dewar's Scotch, Bacardi Rum and Draft Beers, William Hill Wine, Sodas, and Juices. \$18.00 per guest, per hour, first 2 hours, \$9 for the next hour

Top Shelf Full Bar Grey Goose Vodka, Bombay Sapphire Gin, VO Whiskey, J&B Scotch and Premium Beer and Edna Valley Wines \$20.00 per guest, per hour, first 2 hours, \$10 for the next hour

## Consumption Bar

All drinks and beverages will be recorded at the bar(s), and you will be charged after the event per drink consumed by your guests.

This is not an option for parties over 30 guests.

**Beer & Wine Drink Tickets** 8.00 per ticket

Top Shelf Bar Drink Tickets \$10.00 per ticket

Premium Bar Drink Tickets \$9.00 per ticket

## Cash Bar

Includes Call & Premium Liquors, Imported and Domestic Draft Beers, Wine, Soda, and Juices

\*A Bartender fee will be charged for all Bars\*